

482

Residents living in 4 Auckland neighbourhoods undergoing largescale redevelopment

# Building Wellbeing in Your Community

## Wellbeing Assessment Survey



### Key Data

Wellbeing indicators across various domains



## Experienced Wellbeing from Smartphone App

### Key Data

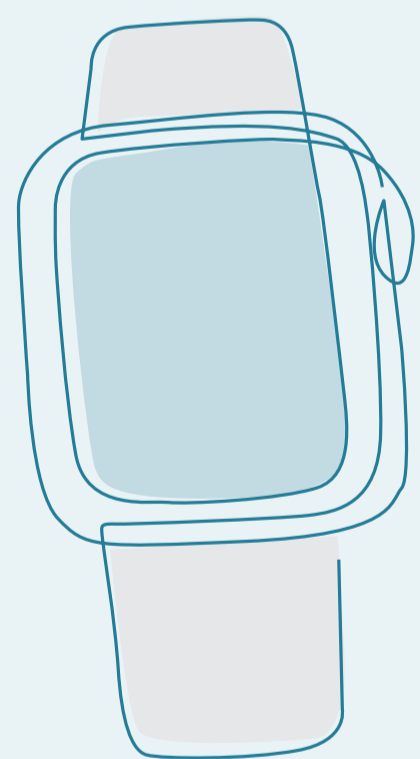
Momentary wellbeing scores (0 -10):

- Happiness
- Anxiousness
- Tiredness

Contextual Information:

- What are you doing?
- Who are you with?

## Time Use Data Across 7-days from Accelerometers

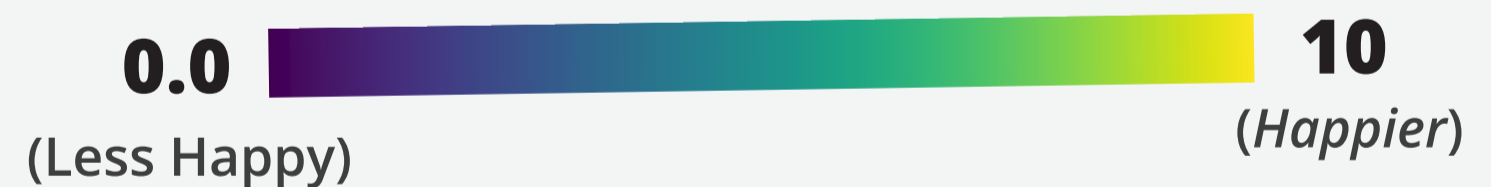


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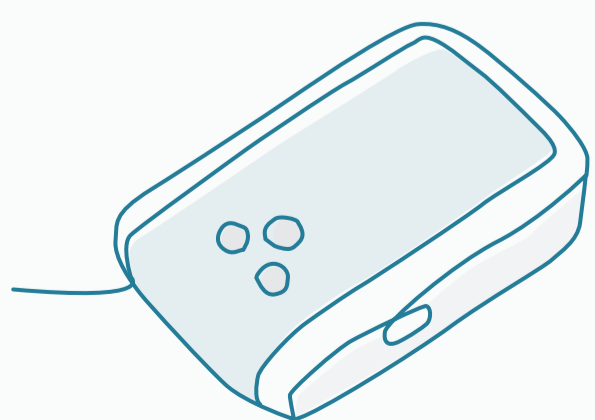
Time-use behaviours:

- Sedentary
- Light Physical Activity
- Moderate-vigorous Physical Activity
- Sleep

### Experienced Happiness Map



## Neighbourhood Interaction from GPS Receivers



### Key Data

GPS data (location coordinates every 20 secs across 7-days)

