

Wellbeing in Kāinga Ora Communities

Sample Size:

Data collected annually
for 3 years

476

YEAR 1

761

YEAR 2

Underway

YEAR 3



Demographics & Background

- Gender, Age, and Ethnicity
- Household composition
- Highest qualification
- Work status and type
- Immigration status



Subjective Wellbeing

- Life satisfaction
- Sense of control over life
- Future life satisfaction expectations (in 5 years)
- Life worthwhileness



Whānau Wellbeing

- Family and whānau wellbeing (self-rated 0-10 scale)
- Perception of whether family/whānau are getting better or worse



Health

- Self-rated health
- Physical difficulties (seeing, hearing, walking, etc.)
- Physical activity level
- Mental health conditions or disabilities



Cultural Identity & Belonging

- Māori ancestry and connections to marae
- Fluency in Te Reo Māori
- Engagement with Māori cultural practices
- Ease of finding help for cultural practices



Housing & Living Conditions

- Coldness
- Condition of the home (maintenance and repairs needed)
- Suitability of the home and outdoor space
- Length of residence in the home and neighbourhood



Environmental Quality

- Importance of the natural environment
- Satisfaction with the quality of the local environment



Jobs & Earnings

- Current work situation
- Work hours (main job and other jobs)
- Satisfaction with job and work-life balance
- Type of work (daytime, shift work, etc.)



Social Connections

- Loneliness
- Ability to ask someone for a place to stay in an emergency
- Sense of community and pride in the neighbourhood
- Volunteering or helping others in the community



Income & Consumption

- Household income level
- Ability to meet everyday needs (food, accommodation, clothing)
- Struggles with paying bills on time (electricity, gas, etc.)



Safety & Neighbourhood

- Feeling of safety walking alone in the neighbourhood after dark
- Perception of neighbourhood issues (crime, vandalism, dangerous driving, etc.)
- Access to amenities and public transport
- Satisfaction with the condition and location of the home

Question Sources

NZ General Social Survey
Te Kupenga
NZ Health Survey
Census